



CNMI OFFICE OF THE GOVERNOR  
**OFFICE OF VOCATIONAL REHABILITATION**

P.O. BOX 501521, 10839 DELEGADO DRIVE, NAVY HILL, SAIPAN, MP 96950  
TEL.: (670)322-6537/38/39 | FAX: (670)322-6548 | EMAIL: NMIDIR@OVRGOV.NET  
WEBSITE: WWW.OVRGOV.NET | FACEBOOK: CNMI OVR | TIKTOK: CNMIOVR



**“TOGETHER, WE CAN BUILD A FUTURE.”**

## PRESS RELEASE

### OVR and CLI Staff Receive Training on Behavior Modification

*Saipan, CNMI, September 21, 2022* – The Office of Vocational Rehabilitation (OVR), in collaboration with the Center for Living Independently (CLI), received training on Behavior Modification presented by Dr. Anamaria L. Gregor, Ph.D., DAPA on September 13, 2022.

A total of 14 individuals learned about “The ABC of Behaviors,” and these are Antecedent, Behavior, and Consequence. We can describe these ABCs as follows:

- Antecedent is anything occurring before a behavior is manifested
- Behavior is everything a person does and includes both overt (observable) and covert (not observable) types
- Consequence is what occurs immediately after a behavior is displayed

Part of the training also included topics such as understanding the functions of behavior, interventions (e.g., antecedent manipulations), samples, and audience participation.

According to Dr. Gregor, this training is only a small part of Applied Behavioral Analysis (ABA). She also noted that behavior modification efforts cannot solve everything; thus, for certain mental health conditions, medication and/or psychotherapy session may need to also be explored.

A series of related trainings to meet the ongoing professional development needs of the staff was recommended by the participants, and will be taken into consideration by leaders of the organization.

Both OVR and CLI extend their appreciation to Dr. Gregor for having facilitated this presentation, which was very well received by staff participants.



CLI and OVR staff who attended the behavior modification training facilitated by Dr. Anamaria L. Gregor, Ph.D., DAPA (seated) include (from left): Zachary Peter, Elaine Wabol, Tiana Ranjo, CLI Executive Director Susan Satur, OVR Acting Director Samuel Santos, Devonne Sablan, Mellanie Atalig, Jane Tudela, Arlene Yamagata, Shana Iguel, Ann Marie Marciano, Emeterio Fitial, Rose Ann Ichiuo, and Matilde Selepeo.

*If your company is interested in partnering with the CNMI Office of Vocational Rehabilitation (OVR) to increase employment opportunities for people with disabilities, please contact us at (670) 322-6537/38/39 or send an email to [nmidir@ovrgov.net](mailto:nmidir@ovrgov.net).*